



CUTASA S.L. COLECTIVIDADES



MENUS DEL MES DE ENERO SIN CERDO

LUNES

MARTES

MIÉRCOLES

JUEVES

VIERNES

7

8

9

10

11

Espaguetis al ajillo / Spagetti in garlic sauce
Merluza Romana con Ensalada / *Battered Hake with Mixed Salad*
Melocoton en almibar/ *Peaches in sirup*

Pure de calabacin / Courgette puree
Tortilla de patata con Ensalada / *Potato Omelete with Salad*
Fruta, leche, pan / *fruit, milk, bread*

Lentejas con verdura / *Stewed Lentils with Potato and Carrot*
Abadejo con pisto / *Baked cod with ratatouille*
Fruta, leche, pan / *fruit, milk, bread*

Sopa de Cocido / *Stew Soup*
Patata, Zanahoria, Carne de Ternera y Pollo / *Chickpeas, Meat and Cabbage Stew*
Fruta y Leche / *Fruit and milk*

14

15

16

17

18

Patatas con verdura / *Potato stew with vegetables*
Tortilla con ensalada / *Omelete with salad*
Yogur De Frutas/ *Fruit yoghurt*

Arroz con tomate /*Rice in tomato sauce*
Salchichas ave al horno Con Ensalada / *Turkey Sausages in sauce with Salad*
Fruta, leche, pan / *fruit, milk, bread*

Alubias blancas con verduras / *Beans stew with vegetables*
Bacalao con tomate y ensalada / *Baked cod in tomato sauce with salad*
Fruta, leche, pan / *fruit, milk, bread*

Crema de verdura / *Vegetables cream*
Pollo asado con patatas / *Roast chicken with fried potatoes*
Fruta, leche, pan / *fruit, milk, bread*

Macarrones con tomate / *Macarroni in tomato sauce*
Ventresca de merluza con ensalada mixta / *Battered belly hake with salad*
Fruta, leche, pan / *fruit, milk, bread*

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Lentejas guisadas con verdura / *Lentils Stew with Vegetables*
Pavo con ensalada / *Grilled turkey with Salad*
Yogur De Frutas/ *Fruit yoghurt*

Fideuá o / *Chicken fideua*
Merluza con ensalada de lechuga y zanahoria / *Baked hake with salad*
Fruta, leche, pan / *fruit, milk, bread*

Garbanzos con Arroz / *Stewed chickpeas with rice*
Tortilla con ensalada / *Omelettes with salad*
Fruta, leche, pan / *fruit, milk, bread*

Judías verdes con tomate / *Sauted green beans in tomato sauce*
Albondigas pollo con patata / *Meatballs with potatoes*
Fruta, leche, pan / *fruit, milk, bread*

Sopa de estrellas/ *Stars soup*
Limanda empanada con ensalada / *Breaded sole with salad*
Fruta, leche, pan / *fruit, milk, bread*

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29

30

31

Pasta con tomate / *Pasta in tomato sauce*
Pescadilla romana con Ensalada de zanahoria / *Battered hake with carrot salad*
Yogur De Frutas/ *Fruit yoghurt*

Sopa de Cocido / *Stew Soup*
Patata, Zanahoria, Carne de Ternera y Pollo / *Chickpeas, Meat and Cabbage Stew*
Fruta y Leche / *Fruit and milk*

Patatas con pollo / *Potato and chicken stew*
Huevos cocidos con ensalada / *Boiled eggs with salad*
Fruta, leche, pan / *fruit, milk, bread*

Brocoli rebozado / *Battered brocoli*
Ragout de pavo con cous cous / *Turkey stew with cous cous*
Fruta y Leche / *Fruit and milk*